

SAN DIEGO CITY COLLEGE

Nutrition Board of San Diego City College AGENDA

Date: 03/25/2022

Time: 12:00-12:45 pm

Location: zoom

Meeting attended by:	Gabriela Hogan (Professor of Nutrition and Exercise science), Dede Bodnar (Professor of Exercise science), Christina Troutner (Rep. GB health watch), Andi Milbourn (Chair-Health Exercise Science dept), Michelle Steele (Adj. professor of Nutrition and exercise science), Hope Zabransky (rep. Olive wood farms), Trena Bennett Lopez (Rep. Prks and recreation-community outreach)
Guests:	
Agenda Submitted by:	Gabriela Hogan
Introduction & Approval of Minutes:	First: _____ Second: _____
ANNOUNCEMENTS:	<ul style="list-style-type: none"> - Introductions of members of advisory board - Mission statement: To inspire, guide and educate the students of San Diego City College in the subject of nutritional science. To prepare our students for higher education, certifications, degrees and ultimately employment in the field of nutrition. - Vision for the program; current /future: 1) start certification program in nutrition 2) future; add needed Nutritional courses, more certification in nutrition. - Progress of program, courses involved, next steps.
DISCUSSION:	<p>-Focus for certification: developing healthy communities, providing nutritional recourses for the community, sports nutrition, community educators, creating healthy communities, helping families with nutrition, filling gap of nutritional knowledge and employment or preparing for further education.</p> <p>-Hope Zabransky: Olive wood farms needing a range of Nutritional education specialist with a knowledge base of different nutritional topics. Students having knowledge of different teaching methods, working with youth/teens. Need for help in their community focused nutrition program "Cooking for Salud". Students to have understanding of cultural relevance with food.</p> <p>-Christina Troutner: suggestions on community outreach with churches, YMCA, other community organizations or clubs, food/meal delivery services, sales or marketing in farms services as a nutrition liaison. collaborating with students in nutrition courses with surveys to see where they have an interest in serving the community with nutritional knowledge base.</p> <p>-Trena Bennett Lopez: Need for recreational aids/leaders in parks and recreation departments. Help students gain more experience working with community by serving in their seasonal events and employee wellness program.</p> <p>-Michelle Steele: brought up information regarding commission of diets registration will be requiring masters degree starting 2024, need to fill the gap between community college students and other areas of nutrition based employment or help students build confidence to attain/pursue further degrees.</p> <p>-All member present recommended a need for developing a nutritional certification in San Diego City College, and community industry experts agreed in ability to find employment for students coming out of our Nutrition and community wellness certification program.</p>

Adjournment: The meeting was adjourned by Gabriela Hogan at 12:45 pm

Next Meetings: August/Sept -date to be determined; bi annually