



Cabrillo College Program Outline Report

General Information

Program Title:	Coaching Certificate of Achievement
Program Status:	In development
Department:	Kinesiology
Program Goal:	CTE (Credit)
Program Description	The Coaching Certificate of Achievement is for students who would like to build a foundation and understanding of coaching practices and techniques. This certificate is designed to provide a foundation for students aspiring to enter the workforce as coaches in entry level jobs at the college, high school, junior high school, middle school, elementary school, and/or community youth organizations (such as little league) or to continue to an associate's degree. Students will learn the development of comprehensive, progressive practice plans such as warm-ups, skill building fundamentals for individual athletes and the team, leadership, and management. The certificate emphasizes an introduction to kinesiology, theories and techniques of coaching, introduction to athletic training, first aid, cardiopulmonary resuscitation (CPR), and communication. Electives will help guide students in their particular area of interest and include courses in team sports, individual sports, dance, and adaptive physical education.
Program Control Number:	No value
Program ID:	No value
Transferability:	Not transferable
Program TOP Code (SP01) :	0835.60
Program TOP Code (SP01) :	Coaching
CIP Code:	(31.0504) Sport and Fitness Administration/Management.
SOC Code:	<ul style="list-style-type: none"> • (11-9199) Managers, All Other • (27-2022) Coaches and Scouts • (39-9031) Exercise Trainers and Group Fitness Instructors
Program Award (SP02) :	Certificate requiring 16 to fewer than 30 semester units
Maximum Units:	18.5
Minimum Units:	18.5
Curriculum Committee Approval Date:	No value
Board of Trustees Approval Date:	No value
Chancellor's Office Approval Date:	No value

Proposal Details

Effective Catalog Term:	Fall 2024
Notes for Submission:	new CE credit certificate based on advisory committee and community recommendation

Submission Rationale

- New Program

Program Requirements

Coaching Certificate of Achievement (Total 18.5)

Complete the following number of units: 18.5

Required (Total 15.5)

Complete the following number of units: 15.5

COMM7 - Interpersonal Communication (Being Revised)	3
KIN2 - Introduction to Kinesiology	3
KIN5 - Theories and Techniques of Coaching	3
KIN10A - Athletic Training: Injury Prevention, Evaluation and Care	3
KIN13 - First Aid (Being Revised)	3
KIN15 - Community Cardiopulmonary Resuscitation (Being Revised)	0.5

Note: the minimum elective units are required to complete the certificate, but students are welcome to take additional elective units.

0

Electives (Total 3)

Complete the following number of units: 3

KIN40A - Beginning Golf	0.5-2
KIN40B - Intermediate Golf	0.5-2
KIN40C - Advanced Golf	0.5-2
KIN41A - Beginning Golf Course Play (Being Revised)	0.5-2
KIN41B - Intermediate Golf Course Play (Being Revised)	0.5-2
KIN42A - Beginning Pickleball	0.5-2
KIN42B - Intermediate Pickleball	0.5-2
KIN42C - Advanced Pickleball	0.5-2
KIN43A - Beginning Tennis	0.5-2
KIN43B - Intermediate Tennis	0.5-2
KIN43C - Advanced Tennis	0.5-2
KIN47A - Beginning Basketball	0.5-2
KIN47B - Intermediate Basketball	0.5-2
KIN47C - Advanced Basketball	0.5-2
KIN50A - Beginning Soccer	0.5-2

KIN50B - Intermediate Soccer	0.5-2
KIN50C - Advanced Soccer	0.5-2
KIN51A - Beginning Indoor Soccer-Futsal	0.5-2
KIN51B - Intermediate Indoor Soccer-Futsal	0.5-2
KIN51C - Advanced Indoor Soccer-Futsal	0.5-2
KIN53B - Intermediate Softball	0.5-2
KIN53C - Advanced Softball	0.5-2
KIN54A - Beginning Volleyball	0.5-2
KIN54B - Intermediate Volleyball	0.5-2
KIN54C - Advanced Volleyball	0.5-2
KIN56A - Beginning Beach Volleyball	0.5-2
KIN56B - Intermediate Beach Volleyball	0.5-2
KIN56C - Advanced Beach Volleyball	0.5-2
KIN60A - Beginning Swimming	0.5-2
KIN60B - Intermediate Swimming	0.5-2
KIN60C - Advanced Swimming	0.5-2
KIN61A - Beginning Swim Fitness	0.5-2
KIN61B - Intermediate Swim Fitness	0.5-2
KIN61C - Advanced Swim Fitness	0.5-2
KIN63A - Beginning Water Polo	0.5-2
KIN63B - Intermediate Water Polo	0.5-2
KIN63C - Advanced Water Polo	0.5-2
KIN65A - Masters Swimming I	0.5-2
KIN65B - Masters Swimming II	0.5-2
KIN65C - Masters Swimming III	0.5-2
DANCE4 - Contemporary Modern Dance I	0.5-3
DANCE5 - Contemporary Modern Dance II	0.5-3
DANCE7 - Ballet I	0.5-3
DANCE8 - Ballet II	0.5-3
DANCE9A - Jazz Dance I	0.5-3
DANCE9B - Jazz Dance II	0.5-3
DANCE10A - Intermediate Jazz Dance I	0.5-3
DANCE10B - Intermediate Jazz Dance II	0.5-3
DANCE11A - Dance Improvisation I	0.5-3
DANCE11B - Dance Improvisation II	0.5-3
DANCE12A - Choreography I	0.5-3
DANCE12B - Choreography II	0.5-3
DANCE13 - Dance Repertory	0.5-4
DANCE14A - Dance Production	0.5-4

DANCE15A - Salsa Dance I	0.5-3
DANCE15B - Salsa Dance II	0.5-3
DANCE15C - Salsa Dance III	0.5-3
DANCE16A - Baile Folklórico: Regional Dances of Mexico I	0.5-3
DANCE16B - Baile Folklórico: Regional Dances of Mexico II	0.5-3
DANCE17A - Latin Dance I	0.5-3
DANCE17B - Latin Dance II	0.5-3
DANCE17C - Latin Dance III	0.5-3
DANCE17D - Latin Dance IV	0.5-3
DANCE18A - African Dance I	0.5-3
DANCE19A - Hip Hop Dance I	0.5-3
DANCE19B - Hip Hop Dance II	0.5-3
DANCE19C - Hip Hop Dance III	0.5-3
DANCE19D - Hip Hop Dance IV	0.5-3
DANCE21A - Ballroom Dance I	0.5-3
DANCE21B - Ballroom Dance II	0.5-3
ADAPT90 - Adaptive Swimming (Being Revised)	0.5-5
ADAPT91 - Adaptive Bowling	0.5-2
ADAPT93 - Exercise and Fitness-Adaptive (Being Revised)	0.5-5
ADAPT94 - Adaptive Tennis	0.5-1.5
ADAPT79 - Integrated Dance: Dance for All Bodies and Abilities	0.5-2

Recommended Sequences

Coaching Certificate of Achievement

Semester 1 (Total 9.5-14)

Required COMM7 - Interpersonal Communication 3

Required KIN5 - Theories and Techniques of Coaching 3

Required KIN10A - Athletic Training: Injury Prevention, Evaluation and Care 3

Electives (Total 0.5-5)

Take one of the following

KIN40A - Beginning Golf 0.5-2

KIN40B - Intermediate Golf 0.5-2

KIN40C - Advanced Golf 0.5-2

KIN41A - Beginning Golf Course Play 0.5-2

KIN41B - Intermediate Golf Course Play	0.5-2
KIN42A - Beginning Pickleball	0.5-2
KIN42B - Intermediate Pickleball	0.5-2
KIN42C - Advanced Pickleball	0.5-2
KIN43A - Beginning Tennis	0.5-2
KIN43B - Intermediate Tennis	0.5-2
KIN43C - Advanced Tennis	0.5-2
KIN47A - Beginning Basketball	0.5-2
KIN47B - Intermediate Basketball	0.5-2
KIN47C - Advanced Basketball	0.5-2
KIN50A - Beginning Soccer	0.5-2
KIN50B - Intermediate Soccer	0.5-2
KIN50C - Advanced Soccer	0.5-2
KIN51A - Beginning Indoor Soccer-Futsal	0.5-2
KIN51B - Intermediate Indoor Soccer-Futsal	0.5-2
KIN51C - Advanced Indoor Soccer-Futsal	0.5-2
KIN53B - Intermediate Softball	0.5-2
KIN53C - Advanced Softball	0.5-2
KIN54A - Beginning Volleyball	0.5-2
KIN54B - Intermediate Volleyball	0.5-2
KIN54C - Advanced Volleyball	0.5-2
KIN56A - Beginning Beach Volleyball	0.5-2
KIN56B - Intermediate Beach Volleyball	0.5-2
KIN56C - Advanced Beach Volleyball	0.5-2
KIN60A - Beginning Swimming	0.5-2
KIN60B - Intermediate Swimming	0.5-2
KIN60C - Advanced Swimming	0.5-2
KIN61A - Beginning Swim Fitness	0.5-2
KIN61B - Intermediate Swim Fitness	0.5-2
KIN61C - Advanced Swim Fitness	0.5-2
KIN63A - Beginning Water Polo	0.5-2
KIN63B - Intermediate Water Polo	0.5-2
KIN63C - Advanced Water Polo	0.5-2
KIN65A - Masters Swimming I	0.5-2
KIN65B - Masters Swimming II	0.5-2
KIN65C - Masters Swimming III	0.5-2
DANCE4 - Contemporary Modern Dance I	0.5-3
DANCE5 - Contemporary Modern Dance II	0.5-3
DANCE7 - Ballet I	0.5-3

DANCE8 - Ballet II	0.5-3
DANCE9A - Jazz Dance I	0.5-3
DANCE9B - Jazz Dance II	0.5-3
DANCE10A - Intermediate Jazz Dance I	0.5-3
DANCE10B - Intermediate Jazz Dance II	0.5-3
DANCE11A - Dance Improvisation I	0.5-3
DANCE11B - Dance Improvisation II	0.5-3
DANCE12A - Choreography I	0.5-3
DANCE12B - Choreography II	0.5-3
DANCE13 - Dance Repertory	0.5-4
DANCE14A - Dance Production	0.5-4
DANCE15A - Salsa Dance I	0.5-3
DANCE15B - Salsa Dance II	0.5-3
DANCE15C - Salsa Dance III	0.5-3
DANCE16A - Baile Folklórico: Regional Dances of Mexico I	0.5-3
DANCE16B - Baile Folklórico: Regional Dances of Mexico II	0.5-3
DANCE17A - Latin Dance I	0.5-3
DANCE17B - Latin Dance II	0.5-3
DANCE17C - Latin Dance III	0.5-3
DANCE17D - Latin Dance IV	0.5-3
DANCE18A - African Dance I	0.5-3
DANCE19A - Hip Hop Dance I	0.5-3
DANCE19B - Hip Hop Dance II	0.5-3
DANCE19C - Hip Hop Dance III	0.5-3
DANCE19D - Hip Hop Dance IV	0.5-3
DANCE21A - Ballroom Dance I	0.5-3
DANCE21B - Ballroom Dance II	0.5-3
ADAPT90 - Adaptive Swimming	0.5-5
ADAPT91 - Adaptive Bowling	0.5-2
ADAPT93 - Exercise and Fitness-Adaptive	0.5-5
ADAPT94 - Adaptive Tennis	0.5-1.5
ADAPT79 - Integrated Dance: Dance for All Bodies and Abilities	0.5-2

Semester 2 (Total 7-11.5)

Required KIN2 - Introduction to Kinesiology	3
Required KIN13 - First Aid	3
Required KIN15 - Community Cardio Pulmonary Resuscitation	0.5

Electives (Total 0.5-5)**Take one of the following**

KIN40A - Beginning Golf	0.5-2
KIN40B - Intermediate Golf	0.5-2
KIN40C - Advanced Golf	0.5-2
KIN41A - Beginning Golf Course Play	0.5-2
KIN41B - Intermediate Golf Course Play	0.5-2
KIN42A - Beginning Pickleball	0.5-2
KIN42B - Intermediate Pickleball	0.5-2
KIN42C - Advanced Pickleball	0.5-2
KIN43A - Beginning Tennis	0.5-2
KIN43B - Intermediate Tennis	0.5-2
KIN43C - Advanced Tennis	0.5-2
KIN47A - Beginning Basketball	0.5-2
KIN47B - Intermediate Basketball	0.5-2
KIN47C - Advanced Basketball	0.5-2
KIN50A - Beginning Soccer	0.5-2
KIN50B - Intermediate Soccer	0.5-2
KIN50C - Advanced Soccer	0.5-2
KIN51A - Beginning Indoor Soccer-Futsal	0.5-2
KIN51B - Intermediate Indoor Soccer-Futsal	0.5-2
KIN51C - Advanced Indoor Soccer-Futsal	0.5-2
KIN53B - Intermediate Softball	0.5-2
KIN53C - Advanced Softball	0.5-2
KIN54A - Beginning Volleyball	0.5-2
KIN54B - Intermediate Volleyball	0.5-2
KIN54C - Advanced Volleyball	0.5-2
KIN56A - Beginning Beach Volleyball	0.5-2
KIN56B - Intermediate Beach Volleyball	0.5-2
KIN56C - Advanced Beach Volleyball	0.5-2
KIN60A - Beginning Swimming	0.5-2
KIN60B - Intermediate Swimming	0.5-2
KIN60C - Advanced Swimming	0.5-2
KIN61A - Beginning Swim Fitness	0.5-2
KIN61B - Intermediate Swim Fitness	0.5-2
KIN61C - Advanced Swim Fitness	0.5-2
KIN63A - Beginning Water Polo	0.5-2
KIN63B - Intermediate Water Polo	0.5-2
KIN63C - Advanced Water Polo	0.5-2

KIN65A - Masters Swimming I	0.5-2
KIN65B - Masters Swimming II	0.5-2
KIN65C - Masters Swimming III	0.5-2
DANCE4 - Contemporary Modern Dance I	0.5-3
DANCE5 - Contemporary Modern Dance II	0.5-3
DANCE7 - Ballet I	0.5-3
DANCE8 - Ballet II	0.5-3
DANCE9A - Jazz Dance I	0.5-3
DANCE9B - Jazz Dance II	0.5-3
DANCE10A - Intermediate Jazz Dance I	0.5-3
DANCE10B - Intermediate Jazz Dance II	0.5-3
DANCE11A - Dance Improvisation I	0.5-3
DANCE11B - Dance Improvisation II	0.5-3
DANCE12A - Choreography I	0.5-3
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DANCE13 - Dance Repertory	0.5-4
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DANCE17D - Latin Dance IV	0.5-3
DANCE18A - African Dance I	0.5-3
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DANCE19B - Hip Hop Dance II	0.5-3
DANCE19C - Hip Hop Dance III	0.5-3
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ADAPT91 - Adaptive Bowling	0.5-2
ADAPT93 - Exercise and Fitness-Adaptive	0.5-5
ADAPT94 - Adaptive Tennis	0.5-1.5
ADAPT79 - Integrated Dance: Dance for All Bodies and Abilities	0.5-2

PSLOs

Coaching Certificate of Achievement

PSLO	Performance
1. Demonstrate effective communication and sports pedagogy strategies that build a successful sports program, team, or organization.	80
2. Prevent and/or treat student athlete injuries using athletic training, first aid, and CPR fundamentals.	80

Program Narrative

Program Goals and Objectives (this does not include the Catalog Description or Program Learning Outcomes) Example from MRTA degree: The primary goal of this program is: To develop students’ skills in music technology and recording arts to enter into music industry careers in sound engineering, performance, electronic music composition, sound design, music arranging, song writing, broadcast engineering, and equipment manufacturing. The two primary objectives of this program are: To produce trained musicians capable of creating professional quality musical projects that demonstrate the following knowledge and recording skills: pre and post production requirements, tracking, editing, mixing, effects processing, use of plug-ins, mastering of live or studio generated music, and knowledge and experience with the behavior of sound, hardware, software, and the musical skills used in a professional recording environment. To produce trained musicians capable of planning and executing the sound requirements for events in various environments, including studio, theatre, club, concert, convention, and other live situations, as a component of a professional production.

Cabrillo College is seeking approval from the Chancellor’s Office for a new Coaching Certificate of Achievement in Career Education. The Coaching Certificate of Achievement is designed to train and educate students to work in the fields of sports management, coaching, and personal training. The need for trained coaches for local high school and all youth sports offered by local communities has been advocated for by the local youth sport committees, sports medicine professionals, and K-12 athletic directors. The need for coach training is necessary for well structured co-curricular activities for youth and young adults and supported by current, regional labor market research (TOP Code 0835.60). The Coaching Certificate of Achievement is aligned with Cabrillo’s mission, master plan, and statewide community college work in Guided Pathways. Approval of this certificate will benefit regional employers, fulfill health and human service needs of the local community, augment college enrollment, and support non-traditional and underserved minority students in a viable career and academic path. This certificate will also support volunteers within the local youth sports programs to provide a foundation of sports pedagogy. This certificate would give our students the knowledge and skills they need to support volunteer opportunities, enter the workforce, or continue their studies in the field. The goal is for certificate completers to be gainfully employed within a year of program completion or to advance to an associate’s degree. Working with employers to identify earning potential is promising, with potential for a starting salary of \$24,960-\$79,040/yr in jobs such as high school athletic director or administrator, high school sport team head coach, assistant coach for various sport teams, and support staff for youth sports teams. It is critical to give community college students educational and professional experience that is necessary to be successful when they continue to higher degrees or certificates.

Catalog Description and Program Learning Outcomes

No Value

Program Requirements with Course blocks, Dept and Course Numbers, Course Title, Total units (or hours for noncredit), and Sequence.

No Value

Master Planning Example from Elementary Algebra program: Many of the populations in the community that Cabrillo College serves have shown through assessment scores, performance in higher levels of math courses, and their ability to transfer to four-year universities that there is a need for a series of noncredit math courses that address these topics and are repeatable, affordable, and allow for more flexibility for student schedules. This certificate of competency meets that need. There are no competing noncredit programs and it is designed to enhance students' performance in higher-level math courses and programs, ultimately leading to transfer.

Students taking the Coaching Certificate of Achievement develop and strengthen a more comprehensive understanding of sports pedagogy and successful creation of team dynamics. The certificate provides students with the ability to implement effective communication strategies for greater equity and student athlete health. Students that complete this certificate will be able to advance their educational and career goals.

The Coaching Certificate of Achievement clearly supports Cabrillo College's mission statement: "to empower students to be effective communicators, critical thinkers, and responsible world citizens. With a commitment to quality and equity, we connect all learners to pathways that propel them from where they are, where they aspire to be, including academic, personal, and career growth." Providing students an academic pathway to future occupational and educational advancement supports Cabrillo College's Strategic Plan, Goal #2 "Labor Market Preparation" and Goal #1 "Completion and Transfer".

Enrollment and Completer Projections (this can include a list of the courses in the degree and how many sections and the enrollment numbers over the last several years) Example from MRTA program: Enrollment Projections MRTA enrollment projections are estimated to continue along their current trajectory. They have been running at full capacity (25 students per section) since the inception of the MRTA Skills Certificate Program and are often overenrolled with 30+ students per section. Cabrillo College typically offers four sections of MRTA courses each fall term and five each spring term, totaling approximately 125 students each fall and 150 students each spring, for an average of 275 students per year. Completer Projections Though this is a new application for an AS and Certificate of Achievement, our current MRTA Skills Certificate is in its 9th year. There are, on average, five graduates in the current program per year. With approval of the AS and Certificate of Achievement, the expectation for future program graduates is: 10 Skills Certificates, five Certificates of Achievement, and 2 Associate of Science degrees. Though the program is not specifically designed as a transfer program, several graduates have transferred recently to CSU-Monterey Bay to continue their work toward a BA in music technology, and one of those this past year simultaneously found employment as an audio technician/specialist at the nearby Seascape Resort.

A total of 20 students are expected to enroll with potential for annual growth. Completion rates of the Coaching Certificate of Achievement are expected to be five to ten per year with a potential for annual growth.

Place of Program in Curriculum/Similar Programs Example from Sustainable Agriculture Technology program: The Sustainable Agriculture Technology certificate will offer a new option that responds to cross-functional technical skills required by the emerging field of agriculture technology. The degree will be housed within the Horticulture Department, and will expand the current degree offerings of: Agriculture Plant Sciences A.S.-T Transfer Degree, General Horticulture & Crop Production A.S. Degree, and Landscape Horticulture A.S. Degree. None of the historical degree offerings are interdisciplinary as they have a traditional focus on horticulture and plant science. By adding in additional coursework within Engineering, Computer Applications/ Business Technology, Geography, Computer Science, and Computer and Information Systems we are able to craft a degree that prepares students for the digital, computer literate, and mechanical skills needed by an 21st century agriculture industry employee or grower. This program does not replace any existing program and serves to expand attainable degrees for students with cross functional interests in horticulture and technology and is a certificate version of our Sustainable Agriculture Technology A.S. Degree.

The Coaching Certificate of Achievement shares learning goals with the Kinesiology - Associate in Arts for Transfer (A.A.-T). These goals include principles of communication, team dynamics, student athlete health, and sports pedagogy. This certificate would enhance the student's ability to complete the transfer degree program and matriculate to a four-year institution or enter the workforce.

Similar Programs at Other Colleges in Service Area Example from Sustainable Agriculture Program: There are no similar programs in the college service area. Hartnell's Agricultural Business and Technology Institute administration has been consulted with and it has been determined that none of their programs offer a similar Certificate of Achievement in sustainable agriculture technology.

Career Education Deans at Hartnell College and Monterey Peninsula College have been consulted on the Coaching Certificate of Achievement to ensure sub regional labor market needs and to reduce potential saturation of similar programs. Both colleges agree Cabrillo's program does not conflict with their programming:

Deans consulted include:

Clint Cowden

Dean of Academic Affairs

Career Education & Workforce Development

Hartnell College

1752 East Alisal Street, Salinas CA 93905

Office: 831.755.6960

Email: ccowden@hartnell.edu

Judith Cutting

Dean of Instruction

Career Education & Workforce Development

Monterey Peninsula College

980 Fremont Street, Monterey, CA 93940

Office: 831-646-4039

Email: jcutting@mpc.edu

For CTE, additional supporting documentation is needed: Advisory Committee Recommendation, Labor Market Information (LMI) & Analysis, and BACCC Regional Program Recommendation

LMI report (attached)

Advisory committee minutes (attached)

BACCC regional recommendation (pending)